

**Psychologists in Jamaica (Updated April/2023)**

**Dr K.A.D. Morgan and Associates\***

| <b>Name</b>                                | <b>Licensure Status</b> | <b>Contact Number</b> | <b>Social Media</b>  | <b>Email Address</b>   | <b>Location</b>       | <b>Services Provided</b>                                    | <b>Areas of Focus</b>   | <b>Costs</b>         | <b>Discounts Provided</b>                                      |
|--|-------------------------|-----------------------|--|--|-----------------------|---|---|----------------------|--|
| Dr Kai Morgan<br>(clinical psychologist)   | Licensed                | 876-869-7657          | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Assessments , Individual, Family, Group and Couples Therapy | Trauma, Couples   | \$15,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |
| Daniella Sykes<br>(associate psychologist) | Licensed                | 876-869-7657          | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Assessments, Individual Therapy with adults and children    | Cognitive-Behavioural Therapy, Person-Centered Therapy, Psychodynamic Therapy | \$12,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |
| Sheralda Small<br>(associate psychologist) | Licensed                | 876-869-7657          | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Assessments, Individual Therapy, Group Therapy              | Acceptance and Commitment Therapy   | \$12,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |
| Shannan Miller<br>[associate psychologist] | In Progress             | 876-869-7657          | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan &                         | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Assessments, Individual Therapy                             | Cognitive Behavioural Therapy,  | \$10,000 per session | Pro bono, payment plans and                                    |

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| (associate psychologist)                       |             |              | Associates on Facebook.  |  |                       |   | Psychodynamic Therapy and Trauma                       |                      | discounts on a case-by-case basis.                             |
| Kimesha Francis (associate psychologist)       | In Progress | 876-869-7657 | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Family, Couples Individual and Group Therapy, Assessments | Cognitive-Behavioral Therapy                           | \$10,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |
| Verol Billett (associate psychologist)         | Licensed    | 876-869-7657 | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Family, Couples Individual and Group Therapy, Assessments | Cognitive-Behavioral Therapy and Psychodynamic Therapy | \$12,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |
| Justine East-Campbell (associate psychologist) | Licensed    | 876-869-7657 | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Individual Therapy, Assessments                           | Cognitive-Behavioral Therapy                           | \$12,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |
| Shané Cummings (associate psychologist)        | In Progress | 876-869-7657 | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Individual Therapy, Assessments                           | Cognitive-Behavioral Therapy                           | \$10,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |

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| Christina Silvera (associate psychologist) | License d | 876-869-7657 | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Individual Therapy, Family and Group Therapy, Assessments | Cognitive-Behavioral Therapy ADHD Coaching | \$12,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |
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| Donna Kamicka (associate psychologist)     | In Progress | 876-869-7657 | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Individual Therapy                                      | Cognitive-Behavioral Therapy                                    | \$10,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |
| Djavila Ho (associate psychologist)        | Licensed    | 876-869-7657 | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Individual Therapy                                      | Cognitive-Behavioral Therapy, Acceptance and Commitment Therapy | \$12,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |
| Shelleka Matthews (associate psychologist) | Licensed    | 876-869-7657 | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Individual and Couples Therapy, Personality Assessments | Interpersonal Relationships                                     | \$12,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |
| Tiffany Palmer (associate psychologist)    | In Progress | 876-869-7657 | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Individual Therapy                                      | Cognitive-Behavioral Therapy                                    | \$10,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |

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|---|-------------|--------------|--|--|-----------------------|---|--------------------------------|----------------------|--|
| Deborah Smith<br>(associate psychologist)     | License d   | 876-869-7657 | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Individual Therapy with adults, Assessments | Trauma therapy                 | \$12,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |
| Dr. Shauna Porter<br>(associate psychologist) | License d   | 876-869-7657 | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Individual Therapy, Assessments             | Cognitive-Behavioural Therapy  | \$12,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |
| Audeya Fuller<br>(associate psychologist)     | Licensed    | 876-869-7657 | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Individual Therapy                          | Cognitive-Behavioural Therapy, | \$12,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |
| Delecia Wisdom<br>[associate psychologist]    | In Progress | 876-869-7657 | Kadmpsychoassociates on Instagram, Dr Kai A D Morgan &                         | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Individual Therapy, Assessments             | Cognitive-Behavioural Therapy  | \$10,000 per session | Pro bono, payment plans and                                    |

|  |             |              |   |  |                       |   |                                 |                     |  |
|--|-------------|--------------|---|--|-----------------------|---|---------------------------------|---------------------|--|
| (associate psychologist)                 |             |              | Associates on Facebook.                       |  |                       |   |                                 |                     | discounts on a case-by-case basis.       |
| Imani Hewitt<br>[associate psychologist] | In progress | 876-869-7657 | Kadmpsychoassociates on Instagram, Dr Kai A D | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Individual Therapy with children, adolescents & adults, | CBT, Clinical Health Psychology | \$7,500 per session | Pro bono, payment plans and discounts on |

|   |             |              |   |  |                       |   |                                |                     |  |
|---|-------------|--------------|---|--|-----------------------|---|--------------------------------|---------------------|--|
|   |             |              | Morgan & Associates on Facebook.  |  |                       | Assessments   |                                |                     | a case-by-case basis.  |
| Shantele Anderson<br>[associate psychologist] | In progress | 876-869-7657 | Kadmpsyhasociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Individual Therapy with children, adolescents & adults, Assessments | Cognitive-Behavioural Therapy, | \$7,500 per session | Pro bono, payment plans and discounts on a case-by-case basis. |
| Kennika Johnson<br>[associate psychologist]   | In progress | 876-869-7657 | Kadmpsyhasociates on Instagram, Dr Kai A D Morgan & Associates on Facebook. | <a href="mailto:kadmoffice@gmail.com">kadmoffice@gmail.com</a> | 68 Lady Musgrave Road | Individual Therapy with children, adolescents & adults, Assessments | Cognitive-Behavioural Therapy, | \$7,500 per session | Pro bono, payment plans and discounts on a case-by-case basis. |

\* - Kai A. D. Morgan and Associates also provides services such as workshops, training, and consultancies.

**Caribbean Tots 2 Teens**

| <b>Name</b>                               | <b>Licensure Status</b> | <b>Contact Number</b>            | <b>Social Media</b>   | <b>Email Address</b>     | <b>Location</b>  | <b>Services Provided</b>   | <b>Areas of Focus</b>                                  | <b>Costs</b>   | <b>Discounts Provided</b>                                      |
|---|-------------------------|----------------------------------|---|--------------------------|--|--|--|--|--|
| Verol Billett<br>(associate psychologist) | Licensed                | 876-978-8535<br>and 876-564-0613 | Caribtots2teens on Instagram and Twitter, Caribbean Tots to Teens on Facebook | info@caribtots2teens.com | 120 Old Hope Road, Sts. Peter and Paul Church Compound | Individual, Family, Group and Couples Therapy, Assessments for children up to university-aged young adults | Cognitive-Behavioral Therapy and Psychodynamic Therapy | Consultation - \$7000, Therapy - \$6000 per session. | Pro bono, payment plans and discounts on a case-by-case basis. |
| Chad Lambert<br>(associate psychologist)  | Licensed                | 876-978-8535                     | Caribtots2teens on Instagram and Twitter, Caribbean Tots to Teens on Facebook | info@caribtots2teens.com | 120 Old Hope Road, Sts. Peter and Paul Church Compound | Individual Therapy for children up to university-aged young adults   | Depression, Anxiety, Trauma                            | Consultation - \$7000, Therapy - \$6000 per session. | Pro bono, payment plans and discounts on a case-by-case basis. |

**Tea House Therapy**

| <b>Name</b>                                   | <b>Licensure Status</b> | <b>Contact Number</b> | <b>Social Media</b>           | <b>Email Address</b>     | <b>Location</b>                      | <b>Services Provided</b>        | <b>Areas of Focus</b>       | <b>Costs</b>        | <b>Discounts Provided</b>                                      |
|---|-------------------------|-----------------------|-------------------------------|--------------------------|--------------------------------------|---------------------------------|-----------------------------|---------------------|--|
| Shelleka Matthews<br>(associate psychologist) | Licensed                | 876-823-5897          | teahousetherapy on Instagram, | info@teahousetherapy.com | Guango Tree House,<br>29 Munroe Road | Individual and Couples Therapy, | Interpersonal Relationships | \$9,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |
| Dr. Shauna Porter<br>associate psychologist   | Licensed                | 876-823-5897          | teahousetherapy on Instagram, | info@teahousetherapy.com | Guango Tree House,<br>29 Munroe Road | Individual Therapy,             | Interpersonal Relationships | \$9,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |

**Centred**

| <b>Name</b>      | <b>Licensure Status</b> | <b>Contact Number</b> | <b>Social Media</b>     | <b>Email Address</b> | <b>Location</b>                     | <b>Services Provided</b>   | <b>Areas of Focus</b>   | <b>Costs</b>  | <b>Discounts Provided</b>    |
|------------------|-------------------------|-----------------------|-------------------------|----------------------|-------------------------------------|--|---|---|------------------------------|
| Chalanie Stiebel | Licensed                | (876) 281-8601        | @centredja on Instagram | info@centredja.com   | 28 Munroe Road, Kingston 6, Jamaica | Individual Therapy, Family Therapy, Group Therapy, Workshops and Training Sessions | Systemic Therapy, Cognitive-Behavioural Therapy, Mindfulness  | First session, \$9,500, Individual session - \$7,500, Parent and Child Session \$10,000, Family sessions (3-5 people) \$16,000. | Packaged sessions available. |
| Jessica Thompson | Licensed                | (876) 281-8601        | @centredja on Instagram | info@centredja.com   | 28 Munroe Road, Kingston 6, Jamaica | Individual Therapy, Family Therapy, Group Therapy, Workshops and Training Sessions | Systemic Therapy, Cognitive-Behavioural Therapy, Mindfulness, Psychodynamic, Relational and Dialectical Behavioural Therapies | Introductory session - \$7,500, Individual Therapy \$6,500  | Packaged sessions available. |



**Tea House Therapy**

| <b>Name</b>                              | <b>Licensure Status</b> | <b>Contact Number</b> | <b>Social Media</b>   | <b>Email Address</b>                  | <b>Location</b>   | <b>Services Provided</b>  | <b>Areas of Focus</b>   | <b>Costs</b>        | <b>Discounts Provided</b>                                      |
|--|-------------------------|-----------------------|---|---------------------------------------|---|---|---|---------------------|--|
| Sonia Wynter<br>(associate psychologist) | Licensed                | 876-823-5897          | teahousetherapy on Instagram and Youtube, Tea House Therapy on Facebook | soniawynter@soniawynterassociates.com | Guango Tree House, 29 Munroe Road for Tea House Therapy | Individual therapy for adults, couples therapy, pre-marital counselling, family therapy, Grief Counselling for individuals and groups | Gottman Method of Couples and Family Therapy, Acceptance and Commitment Therapy | \$8,000 per session | Pro bono, payment plans and discounts on a case-by-case basis. |

**Psychotherapy Associates Limited**

| Name          | Licensure Status | Contact Number | Social Media                                 | Email Address                                | Location               | Services Provided     | Areas of Focus | Costs                      | Discounts Provided   |
|---------------|------------------|----------------|--|--|------------------------|-----------------------|----------------|----------------------------|--|
| Deborah Smith | In Progress      | 876-922-3216   | Psychotherapy Associates Limited on Facebook | psychotherap<br>yassociatesltd<br>@gmail.com | 23<br>Connolley<br>Ave | Individual<br>Therapy |                | \$10,000<br>per<br>session | Pro bono,<br>payment<br>plans and<br>discounts on<br>a case-by-<br>case basis. |

**Independently Practising Psychologists**

| Name   | Licensure Status | Contact Number | Social Media | Email Address             | Location  | Services Provided  | Areas of Focus   | Costs                     | Discounts Provided   |
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| Keva Reid<br>(associate<br>psychologi<br>st) | Licensed         | 876-776-1236   |              | kevareidpsy@<br>gmail.com | To be<br>determine<br>d based on<br>client<br>preference.<br>Mainly<br>does | Therapy<br>with<br>Individuals,<br>Couples and<br>Groups | Cognitive-<br>Behavioural<br>Therapy,<br>Solution-<br>Focused<br>Therapy,<br>Transactional | \$8,000<br>per<br>session | Does<br>discounts for<br>referrals<br>from<br>education<br>and health<br>ministries, |

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|  |          |              |                               |  | teletherapy |   | Analysis  |                      | and for civil servants and children.                                     |
| Verol Billett (associate psychologist) | Licensed | 876-423-1947 | Mymentalvitamins on Instagram |  | Teletherapy | Individual, Family, Group and Couples Therapy | Cognitive Behavioural Therapy and Psychodynamic Therapy | \$7,500 per session. | Discounts, payment plans, pro bono are all done on a case by case basis. |

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| Dr. Corretta Brown-Johnson (psychologist) | Licensed | 876-283-7949 – or 876-649-1434 |  | dr.c.brown.johnson@gmail.com | Manor Medical, Unit 7, Lower Manor Park Plaza | Assessment, Intervention, Individual, Group, Family and Couples Therapy | Cognitive Behavioural Therapy | Initial Consultation - \$7,800, Cost per session - \$8,000 | Assessments - does 50% discounts, requires 50% deposit before doing assessments. Pro-Bono work and |
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|---|----------|-----------------------------------|---|---|--|---|-------------------------------------|----------------------------|---|
| Dr. Jason<br>Scott-<br>Hamilton<br>(clinical<br>sports<br>psychologi<br>st) | Licensed | +1-786-226-<br>5115<br>(whatsapp) | @drjshamilton on<br>Instagram and<br>Twitter,<br>elitesportpsychology.c<br>om | info@elitespo<br>rtspsychology.<br>com<br>dr_scotty@ya<br>hoo.com | Elite Sport<br>Psychology<br>– 68 Lady<br>Musgrave<br>Road, OR<br>15802<br>Southwest<br>63rd<br>Terrace<br>Miami,<br>Florida,<br>33193 | Psychothera<br>py,<br>Surveying<br>psychologic<br>al and<br>cognitive<br>abilities for<br>improved<br>performanc<br>e,<br>Developing<br>psychologic<br>al skills<br>training<br>regimes,Con<br>trolling | Cognitive<br>Behavioural<br>Therapy | \$10,000<br>per<br>session | Sliding fee<br>scale,<br>discounts<br>and pro-<br>bono on a<br>case-by-case<br>basis. |
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|  |  |  |  |  |  | and stress,<br>Motivation |  |  |  |
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| Name                   | Licensu<br>re<br>Status | Contact<br>Number | Social Media | Email Address            | Location                         | Services<br>Provided | Areas of Focus | Costs  | Discounts<br>Provided  |
|------------------------|-------------------------|-------------------|--------------|--------------------------|----------------------------------|----------------------|----------------|--------|--|
| Dr Tracey-ann<br>Coley | Licensed                | 876-824-5602      |              | Tracey_ann@ya<br>hoo.com | 2 Blaise<br>Avenue,<br>Cottage 3 |                      |                |        |  |
|                        |                         |                   |              |                          |                                  |                      |                | \$9000 | Pro-Bono and<br>Discounts<br>offered on a<br>case by case<br>basis |

|                   |                                    |                |                                 |                             |  |   |   |   |  |
|-------------------|------------------------------------|----------------|---------------------------------|-----------------------------|--|---|---|---|--|
| Christina Silvera | Licensed                           | 876-423-8944   |                                 | silverachristina@yahoo.com  | 15 Washington Close                                    | Individual Therapy, Family and Group Therapy, ADHD Coaching | Cognitive Behavioral Therapy, ADHD Coaching |   |  |
| Jhanille Brooks   | Associate Counselling Psychologist | (876) 839-5123 | Instagram: @justkeepswimming876 | jhanille_brooks@hotmail.com | Windsor Wellness Centre<br><br>Caribbean Tots to Teens | Individual counselling-working with adolescents             |   | \$4,500 (online)<br>\$6,500 (in-person) |  |

**Art Therapists**

**Art Therapy Jamaica**

| Name                       | Licensure Status           | Contact Number | Social Media  | Email Address              | Location                  | Services Provided  | Areas of Focus   | Costs   | Discounts Provided   |
|----------------------------|----------------------------|----------------|---|----------------------------|---------------------------|--|--|---|--|
| Lesli-Ann Belnavis-Elliott | (Registered Art Therapist) | 876-305-8444   | arttherapyja on Instagram, Art therapy Jamaica on Facebook, arttherapyjam on Twitter, arttherapyjamaica.com | info@arttherapyjamaica.com | 21 Rochester Ave, Unit 2A | Art therapy - with children, adolescents, adults, groups, families, persons with disabilities. | Grief, trauma, conflict concerns, depression, anxiety, stress, behavioural concerns, | Individual sessions and assessments = \$6,000. Dyad = \$7,500. Family of 3 = \$8,000; each additional person = \$1,000. Group = \$3,500 per person. | Discounts, pro-bono and payment plans on a case-by-case basis. |



**Psychiatrists and Other Medical Doctors**

| Name  | Licensure Status | Contact Number                | Social Media   | Email Address                  | Location   | Services Provided  | Areas of Focus         | Costs   |
|---|------------------|-------------------------------|--|--------------------------------|--|--|------------------------|---|
| Dr Melissa Forbes<br>(obstetrician and gynaecologist) | Licensed         | 876-620-9494,<br>876-374-6224 | drforbesobgyn on Instagram,<br>liguaneapro_medicalcentre on Instagram and Facebook | liguaneapromedical@gmail.com   | Liguanea Pro Medical Centre,<br>129 Old Hope Road  | Care of women in menopause, well woman visit (general annual check up), pap smears, contraception advice, STI treatment, pregnancy care, delivery services, treatment of fibroids. |                        | \$6,000 for a visit, accepts debit card, credit card and health card                              |
| Dr. Mary Sloper<br>(family practice physician)        | Licensed         | 876-968-3897,<br>876-926-8578 |  | sloperfamilypractice@gmail.com | 6 Caledonia Avenue, Kingston 5   |  |                        |   |
| Dr. Mala Betton<br>(family physician)                 | Licensed         | 876-339-4071                  | cityhealthcarehwt on Instagram,<br>drmalabetton on Instagram                       | drbetton@outlook.com           | Works Mondays 8-6pm,<br>Wednesdays and Fridays 8-2pm at City Healthcare 7 Eastwood Park Road | Blood Pressure Checks, Blood Glucose Screening, Rapid HIV Testing, Physical Examinations, Pap Smears   | Diabetes, Hypertension | Persons without insurance pay \$2,500 per visit cash only, otherwise it is \$3,500 with insurance |

|  |          |              |   |                      |  |   |                        |  |
|--|----------|--------------|---|----------------------|--|---|------------------------|--|
|  | Licensed | 876-339-4071 | manningshillmedical on Instagram and Mannings Hill Medical on Facebook, | drbetton@outlook.com | Works Tuesdays from 12-6pm and Thursdays 4-6pm Mannings Hill Medical, 34 | Blood Pressure Checks, Blood Glucose Screening, Rapid HIV Testing, Physical | Diabetes, Hypertension | \$4,000 per visit and takes all forms of payment |
|--|----------|--------------|---|----------------------|--|---|------------------------|--|

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|--|----------|--------------|--|----------------------|---|--|------------------------|--|
|  |          |              | drmalabetton on Instagram                                    |                      | Mannings Hill Road  | Examinations, Pap Smears   |                        |  |
|  | Licensed | 876-339-4071 | healthplusassociates on Instagram, drmalabetton on Instagram | drbetton@outlook.com | Works Wednesdays, Fridays, and Saturdays 3-6pm, Thursdays 7am-4pm at Health Plus Associates, Boulevard Supercentre, Pembroke Hall | Blood Pressure Checks, Blood Glucose Screening, Rapid HIV Testing, Physical Examinations, Pap Smears | Diabetes, Hypertension | \$4,000 per visit and takes all forms of payment |

|   |          |  |                              |                                  |   |   |  |  |
|---|----------|--|------------------------------|----------------------------------|---|---|--|--|
| Dr. Stephanie Williams** (psychiatrist) | Licensed | 876-906-4546, 876-929-8512, 876-929-3486 |                              | sjwpsych@gmail.com               | Winchester Surgical and Medical Institute -3A Winchester Road               | Assessment, Diagnosis, Pharmacological Treatments and Medication Review, Basic Psychotherapy  | Mood Disorders, Psychotic Disorders, Anxiety Disorders, ADHD | First visit is \$8,000. Follow up visits are \$6,000 per visit. Takes all forms of payment and health insurance. Does discounts on a case-by-case basis. |
| Dr. Nyamekye Richards (psychiatrist)    | Licensed | 876-970-0017                             | psychiatrynyame on Instagram | nyamekye.richards@uwimona.edu.jm | University Health Service at the University of the West Indies, Mona Campus | Evaluation and Treatment of Diseases of the Mind. Pharmacological Treatment and Mental Health Coaching. Strictly sees UWI Mona Campus students and staff. | College psychiatry, Reproductive Health Matters in           | UWI Mona Campus Staff and Students pay with their health insurance.  |

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|  |  |  |  |  |  |  | Psychiatry, Holistic Psychiatry |  |
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|---------------------------------|----------|----------------|---|----------------------------|--|---|---------------------------|--|
| Dr. Rachel Chung (psychiatrist) | Licensed | 876-926-1444   | dr.rachelchung on Instagram   | drrachelochung@gmail.com   | Oxford Medical Centre, 22H Old Hope Rd, Kingston 5 | Pharmacotherapy and Psychotherapy with adolescents and adults   | All psychiatric disorders | New patients - \$9,000 for the session, Follow ups - \$7,000 per session. Takes all forms of payment and health insurance. |
|                                 | Licensed | 876-946-3797   | dr.rachelchung on Instagram   | drrachelochung@gmail.com   | Diamed Health, Unit #7, 7-9 Ardenne Road           | Pharmacotherapy and Psychotherapy with adolescents and adults   | All psychiatric disorders | New patients - \$9,000 for the session, Follow ups - \$7,000 per session. Takes all forms of payment and health insurance. |
| Dr. Chris Mahfood               |          | (876) 880-0396 | Dr. Chris Mahfood- Psychiatrist (Facebook)<br><br>Instagram ( <a href="https://www.instagram.com/dr.chris.mahfood/?hl=en">https://www.instagram.com/dr.chris.mahfood/?hl=en</a> ) | dr.chris.mahfood@gmail.com | Suite 3<br>1 Ardenne Road<br>Kingston<br>Jamaica   | Insomnia (sleep disturbances), anxiety, depression, adjustment disorder, Post-Traumatic Stress Disorder (PTSD), sexual problems (including psychological symptoms secondary to sexual abuse), eating disorders, substance |                           |  |

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|--|--|--|--|--|--|--|--|--|
|  |  |  |  |  |  | abuse (addiction),<br>personality disorders<br>(Borderline, Narcissistic,<br>Paranoid, Obsessive<br>Compulsive, Histrionic,<br>Schizoid, Schizotypal),<br>OCD, Bipolar Disorder<br>(Manic/depressive),<br>Schizophrenia,<br>Schizoaffective disorder,<br>delusional disorder,<br>Major depressive<br>Disorder (including those<br>who are Suicidal or have<br>had suicide attempts),<br>etc. |  |  |
|--|--|--|--|--|--|--|--|--|

\*\* - Dr. Stephanie Williams also works at Princess Margaret Hospital in Lyssons, St. Thomas, on Tuesdays.

Jamaica Mental Health Advocacy Network  
(876) 569-4192 (Whatsapp Only)  
876 839-5123

Janelle Reid  
Associate Counselling Psychologist  
(876) 364-1149

Dr. Patrece Charles, J.P.  
The Phoenix Counselling Centre  
(876) 868-3290

Alcon Barnett  
Associate Clinical Psychologist  
Ocho Rios/Montego Bay  
(876) 443-6142/ 876 781 8639